SUPPORT IN THE WEST COUNTRY

BATH BRISTOL SOMERSET WILTSHIRE

FREE AND LOW COST SUPPORT - PLAIN ENGLISH

TARA ANN-MARIE ALLEN, B.A. (HONS) CYON FLEX
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AREA NOTE: BATH MEANS BATH AND NORTH EAST SOMERSET. BRISTOL MEANS BRISTOL CITY. SERVICES MAY HAVE LOCAL ELIGIBILITY RULES.

BATH AND NORTH EAST SOMERSET

FOOD

BANES FOOD FINDER LISTS FOOD BANKS, LOW COST FOOD CLUBS AND PANTRIES. SOME PROVIDERS HAVE REFERRAL OR LOCAL ELIGIBILITY RULES.

OFFICIAL PAGE: BANES FOOD FINDER

HOUSING

IF YOU ARE HOMELESS OR AT RISK OF LOSING YOUR HOME, CALL BANES HOUSING ADVICE ON 01225 396 296. APPOINTMENTS ARE REQUIRED.

OFFICIAL PAGE: BANES COUNCIL HOUSING

MONEY AND BENEFITS

CITIZENS ADVICE BANES: FREE ADVICE ON BENEFITS, DEBT, HOUSING AND MORE. CALL 0808 278 7897, MONDAY TO FRIDAY, 9.30AM TO 2.30PM.

OFFICIAL PAGE: CITIZENS ADVICE BANES

DOMESTIC ABUSE

SOUTHSIDE FAMILY PROJECT OFFERS LOCAL SUPPORT. CALL 01225 331 243. IF YOU ARE IN IMMEDIATE DANGER, CALL 999.

OFFICIAL PAGE: SOUTHSIDE FAMILY PROJECT

BRISTOL

FOOD AND COST OF LIVING

WE ARE BRISTOL CAN ADVISE ABOUT FOOD, BENEFITS, WELLBEING AND WELCOMING SPACES. FREEPHONE 0800 694 0184, WEEKDAYS 8.30AM TO 5PM. FOOD SUPPORT OPTIONS ARE LISTED ONLINE.

OFFICIAL PAGE: BRISTOL CITY COUNCIL COST OF LIVING

HOUSING

IF YOU ARE HOMELESS OR AT RISK, CALL BRISTOL CITY COUNCIL HOMELESSNESS PREVENTION TEAM ON 0117 352 6800.

OFFICIAL PAGE: BRISTOL CITY COUNCIL HOUSING

MONEY AND BENEFITS

CITIZENS ADVICE BRISTOL: FREE ADVICE. CALL 0808 278 7957. CHECK THE WEBSITE FOR DROP IN TIMES.

OFFICIAL PAGE: CITIZENS ADVICE BRISTOL

DOMESTIC ABUSE

NEXT LINK PLUS PROVIDES SPECIALIST SUPPORT AND SAFE ACCOMMODATION IN BRISTOL. CALL 0117 925 0680. ASK ABOUT THE SERVICE THAT FITS YOUR NEEDS.

OFFICIAL PAGE: BRISTOL DOMESTIC ABUSE SERVICES

HEALTHCARE AND DISABILITY

HEALTHCARE

FOR URGENT MEDICAL HELP, CALL NHS 111 OR USE 111 ONLINE. FOR URGENT MENTAL HEALTH SUPPORT IN ENGLAND, CALL 111 AND SELECT THE MENTAL HEALTH OPTION. CALL 999 FOR A LIFE THREATENING EMERGENCY.

OFFICIAL PAGE: NHS URGENT HELP

DISABILITY

SCOPE OFFERS FREE, INDEPENDENT ADVICE FOR DISABLED PEOPLE AND FAMILIES. CALL 0808 800 3333. TEXT RELAY: 18001 THEN 0808 800 3333.

OFFICIAL PAGE: SCOPE DISABILITY HELPLINE

SUPPORT IN THE WEST COUNTRY

LOCAL SERVICES - PAGE 2

AREA NOTE: SOMERSET MEANS THE SOMERSET COUNCIL AREA, NOT NORTH SOMERSET. WILTSHIRE MEANS THE WILTSHIRE COUNCIL AREA, NOT SWINDON.

SOMERSET COUNCIL AREA

FOOD AND ESSENTIALS

THE COUNCIL DIRECTORY LISTS FOOD BANKS, PANTRIES, FAMILY FOOD HELP AND OTHER ESSENTIALS SUPPORT. PANTRIES MAY CHARGE A LOW COST.

OFFICIAL PAGE: SOMERSET COUNCIL FOOD SUPPORT

HOUSING

IF YOU ARE HOMELESS OR AT RISK, CALL SOMERSET COUNCIL HOUSING OPTIONS ON 0300 123 2224. CONTACT THEM EARLY.

OFFICIAL PAGE: SOMERSET COUNCIL HOUSING

MONEY AND BENEFITS

CITIZENS ADVICE SOMERSET: FREE, CONFIDENTIAL ADVICE FOR PEOPLE WHO LIVE OR WORK IN SOMERSET. CALL 0808 278 7842, WEEKDAYS 9AM TO 4PM.

OFFICIAL PAGE: CITIZENS ADVICE SOMERSET

DOMESTIC ABUSE

SOMERSET DOMESTIC ABUSE SERVICE OFFERS CONFIDENTIAL ADVICE. CALL 0800 69 49 999, 8AM TO 8PM, EVERY DAY. THE SERVICE SUPPORTS PEOPLE AFFECTED IN SOMERSET.

OFFICIAL PAGE: SOMERSET DOMESTIC ABUSE SERVICE

WILTSHIRE COUNCIL AREA

FOOD AND COMMUNITY

WILTSHIRE COUNCIL HAS AN ONLINE DIRECTORY OF COMMUNITY FOOD PROVIDERS AND WARM SPACES. CHECK EACH OFFER FOR OPENING TIMES AND ELIGIBILITY.

OFFICIAL PAGE: WILTSHIRE COMMUNITY DIRECTORY

HOUSING

IF YOU ARE HOMELESS OR THREATENED WITH HOMELESSNESS, CALL 0300 456 0106 OR EMAIL HOMELESS@WILTSHIRE.GOV.UK. WEEKDAYS; WEDNESDAY PHONE HOURS START AT 2PM.

OFFICIAL PAGE: WILTSHIRE HOUSING

MONEY AND BENEFITS

CITIZENS ADVICE WILTSHIRE OFFERS ADVICE BY PHONE, EMAIL AND WEBCHAT. USE THE WEBSITE CONTACT FORM TO ASK FOR HELP.

OFFICIAL PAGE: CITIZENS ADVICE WILTSHIRE

DOMESTIC ABUSE

FEARFREE OFFERS SPECIALIST SUPPORT FOR ADULTS, CHILDREN AND YOUNG PEOPLE IN WILTSHIRE. CALL 01225 775 276 ON WEEKDAYS.

OFFICIAL PAGE: FEARFREE WILTSHIRE

SUPPORT ACROSS ENGLAND

DOMESTIC ABUSE

WOMEN CAN CALL THE FREE NATIONAL DOMESTIC ABUSE HELPLINE ON 0808 2000 247, DAY OR NIGHT. FOR LOCAL SERVICES, USE THE AREA CONTACT ABOVE.

OFFICIAL PAGE: GOV.UK DOMESTIC ABUSE HELP

BEFORE YOU GO: CHECK SERVICE AVAILABILITY, OPENING TIMES, COSTS, REFERRAL RULES AND ELIGIBILITY. DETAILS CAN CHANGE. FOOD BANKS MAY REQUIRE A REFERRAL; FOOD CLUBS AND PANTRIES MAY CHARGE.

IF A LOCAL SERVICE CANNOT HELP, TRY YOUR COUNCIL WEBSITE OR CITIZENSADVICE.ORG.UK TO FIND THE RIGHT AREA SERVICE.